

WomanSpeak™ Intensive:

A 6-week Messaging and Public Speaking Program for Women

WEEK 1	WEEK 2
<p style="text-align: center;">Sharing What You Believe</p>	<p style="text-align: center;">The Change You Want to See in the World</p>
<ul style="list-style-type: none"> ● Clarify the core beliefs at the heart of your message and why this matters so much to get clear on. ● Learn how to share what you believe in a way that is real, straight from the heart and creates connection and community. ● Learn about “feminine circular thinking” and how the female brain uniquely processes information and ideas. Learning this will allow you to TRUST yourself and your voice to speak spontaneously in the moment with clarity, wisdom and power. 	<ul style="list-style-type: none"> ● Clarify what the situation is in your relationships, community, work or society that you feel deeply called to transform and why. ● Clarify what your vision is of what transformation is POSSIBLE for that situation and what the new paradigm looks and feels like. ● Learn practices for sharing your vision in a way that is naturally charismatic and creates profound listening & engagement from those you are speaking to.

WEEK 3	WEEK 4
<p style="text-align: center;">Your Most Powerful Ideas</p>	<p style="text-align: center;">Your Diamond Insight</p>
<ul style="list-style-type: none"> ● Clarify what your “repertoire” of ideas are: the core shifts in perspective that open people’s minds to seeing and creating the vision you hold. 	<ul style="list-style-type: none"> ● Clarify which of those ideas is the ONE most powerful idea in your message that blows people’s minds and hearts open.

<ul style="list-style-type: none"> • Learn how to share your ideas in a way that meets people where they are at – even if they see things very differently – in order to create trust, naturally open their minds and influence their perspective. 	<ul style="list-style-type: none"> • Learn the art of making what you have to say “land” with people. • Learn practices to eliminate pesky fillers such as “umm” “so” “ya know” that can come out while you’re speaking.
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WEEK 5	WEEK 6
Leaving Your Legacy	How to Tell an Epic Story
<ul style="list-style-type: none"> • Learn how to identify what your true legacy work is, and what is the core message and idea behind it. • Learn how to share about your legacy vision in a way that inspires the people who are meant to help you carry it forth to come into your life. 	<ul style="list-style-type: none"> • Clarify which of your stories best deliver your ideas. • Learn how to tell epic stories that are memorable, highly enthralling and impactful. • Learn how to stay rooted in yourself and be real rather than go into performance mode in your storytelling.

Rewire your nervous system around public speaking.

Use your voice. Share your truth.

[CLICK HERE TO REGISTER](#)

2 payments of \$450 // or 1 payment of \$800

If you have any questions or would like to connect with us, please email
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